



Connecticut Counseling Association

A Branch of the American Counseling Association

presents:

Conference Replay

We are pleased to announce a few of the in-person sessions will be repeated virtually from the October Annual Conference!
We hope you can join us!



**Tuesday, December 6, 2022
10:00 to 11:30 AM via Zoom**

Secrets of a “reformed” Health Insurance Executive: the 411

Presenter: Brigid Carney & Marwa Manaour

The average wait time for an appointment at a practice that is paneled is 2-4 months if the practice is not closed to new patients. Join Brigid Carney as she talks through some of the challenges that private practice therapists face with insurance. A Health Insurance executive’s perspective will allow participants to understand the various pay-outs of Commercial versus Government Insurance. She will take participants through the clients’ payment process (co-pays, deductibles and behavioral health carve-outs). Participants shall get a “crash course” in understanding Summary Plan Descriptions. And finally, participants will get to create talking points for self-pay.

Brigid Carney, MBA, PMP, LSSMBB, CIT, is a master’s degree counseling intern with University of Bridgeport. Carney spent 20 years of experience in international Insurance before studying theories of counseling. She teaches project management at UNH’s Master’s programs. She spends her personal time with her First Responder/Veteran nuclear and extended family. **Marwa Manaour, LPC**, has learned to interchangeably carry different responsibilities in various roles. Manaour excels in providing patients with quality clinical care, such as conducting individual, family and group therapy, and focuses on the client’s needs by using diverse modalities of treatment. Manaour provides therapy and communicates in both English and Arabic. As an educator, Manaour offers students a realistic view of the world and the expectations that it will have of them, by choosing and formulating lesson plans and a curriculum that will help them excel and expand in their chosen fields.

***This session is approved for 1.50 continuing education clock hours.**

**Monday, December 12, 2022
2:00 to 3:30 PM via Zoom**

Evidence-based skills via telehealth: Virtual tools for change

Presenter: Dr. Frederick Dombrowski

Counselors using telehealth are expected to provide appropriate evidence-based treatment as well as an accurate assessment of client progress and an appropriate mental status exam. The use of telehealth requires the counselor to make adjustments to application of their skills. This presentation will provide opportunities to identify ways to effectively create a tele-environment which is conducive for change. Participants will have an opportunity to assess how clients are appropriate for telehealth. This presentation will provide examples of application of evidence based practices to telehealth. Participants will also have options to identify ways to navigate potential barriers related to telehealth.

Dr. Fredrick Dombrowski is the President of the American Mental Health Counselors Association and has worked as a clinician since 1998. He has experience as a director for multiple programs including inpatient, outpatient, and forensic treatment. Dombrowski uses experiential learning through a perspective of cultural humility to improve clinical care.

***This session is approved for 1.50 continuing education clock hours.**

**Tuesday, December 13, 2022
11:30 AM to 1:00 PM via Zoom**

Enhancing Supervision Practices: Reimagining the Use of Self in Supervision

Presenter: Dr. Jessica Motroni Banik & Melissa Feeley

This interactive presentation will discuss enhancing supervision relationships in a variety of formats by ways to integrate the use of self into practice. The presentation will discuss the impact on supervisee development through individual, triadic, and group supervision. Throughout the presentation, there will be large and small group discussions on research, practical application on ways to enhance relationships with supervisees, increase self-awareness of countertransference, and develop supervisees' use of self in the counseling relationship to promote quality client care.

Dr. Jessica Motroni Banik is an Assistant Professor at the University of Saint Joseph. Dr. Motroni Banik is a marriage and family therapist with twelve years clinical expertise in a variety of settings and levels of care. She has been providing clinical supervision in organizations and universities for four years. Her passions explore counselor development, gatekeeping, and counselor education training. **Melissa Feeley, LMFT**, is co-presenting.

***This session is approved for 1.50 continuing education clock hours.**

**Friday, January 20, 2023
12:00 PM to 1:00 PM via Zoom**

**Creating Change Through Trauma-Informed Leadership:
Counselors as Community Leaders**

Presenter: Dr. Ali Corey

This presentation will first start with the story of a personal journey towards understanding the need for trauma-informed leadership and why we, as counselors, are in the perfect position to create change through integrating this approach into our work within our agencies.

Dr. Corey will provide an overview of what trauma informed leadership is and how it can be effectively integrated into practice within community mental health agencies. Specific knowledge and skills will be discussed in order to provide practical application to current clinical, supervisor and leadership roles.

Additionally, Dr. Corey will discuss how trauma-informed leadership will help to ensure a more ethical and effective culture within agencies and organizations.

Dr. Ali Corey is an Associate Professor at Antioch University and serves as the Program Director for their large, national Clinical Mental Health Counseling Program. She is also a student in the Leadership and Change Doctoral Program at Antioch working to obtain her second doctorate in order to work towards effectively integrating socially just leadership practices into clinical, community based counseling and higher education. Prior to joining Antioch University, she had the opportunity to work in a variety of educational and clinical environments. As an academic, her focus has been on developing relational teaching and leadership practices to consistently provide the best level of educational experience of students. Clinically, she has had the opportunity to work in schools, private practice and hospital settings, primarily working with children and adolescents. Currently, she sees about 10-15 clients through a local private practice. When she is not working she is incredibly busy with her four kiddos, three boys and a daughter ranging from toddlers to a teenager who are all incredibly active.

***This session is approved for 1 continuing education clock hour.**

Register for Each Virtual Session @ www.CCAcounseling.com

Professional Member	\$10
Professional Non-Member	\$20
Student/Retiree Membership Not Required	\$5
Emeritus	Free

No refunds provided with the exception of event cancellation.

The Connecticut Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2007. Programs that do not qualify for NBCC credit are clearly identified. The Connecticut Counseling Association is solely responsible for all aspects of the programs. *** Clock hours approved for each session are noted above in each workshop summary and credits may be awarded for the workshop if the session is attended in its entirety and attendees complete an evaluation for the workshop on the same day as the event.**



Questions? Contact CCA at cca_exec_dir@msn.com or 888-818-1110