

Best Practices for Counseling First Responders & Veterans

Virtual Training Session

The Military and Government Counseling Association (MGCA) established two task forces to define and create best practices, endorsed by the ACA, for counselors working with first responders and veterans, based on a thorough review of existing literature. The goal of the MGCA was to establish an ethical, research-driven framework encompassing four key areas: Culture, Systems, Assessments, and Treatment. This researcher will utilize two best practice primers developed by the MGCA to explore the specific roles, identities, and professional responsibilities that this population faces.

Key Objective:

- Identify and reference the MGCA primer for use in practice

Brigid Carney, MS, LPCA, MBA, became a counselor after 25+ years as an insurance executive. She received her MS in counseling from UB. Brigid's passion for first responders and veterans stems from 7 generations of family service. Brigid teaches undergraduate and graduate courses at local universities.



Wednesday,
June 11, 2025

Free to CCA members!
(\$15 for non-members)



12:00 PM – 1:00 PM
via **Zoom**

1 clock hour of continuing education may be earned

Connecticut Counseling Association has been approved by NBCC as an approved Continuing Education Provider, ACEP No.2007. Programs that do not qualify for NBCC credit are clearly identified. Connecticut Counseling Association is solely responsible for all aspects of the programs. (Policy J.4)



Clock hours are awarded for sessions attended in full, with confirmed attendance at the start and end of the session, and submission of a completed evaluation form for each session at the end time of the session.

All requests related to ADA or any other needs should be directed to CCA at the contact information below.

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