



LPC AND LPCA LICENSURE PANEL
CONNECTICUT COUNSELING
ASSOCIATION VIRTUAL CONFERENCE

CCA PAST PRESIDENTS

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TODAY'S OBJECTIVES

In Connecticut:

- Regulation of the profession of counseling in Connecticut
- Statutory definition of professional counseling in Connecticut
- Brief history of professional counseling in CT
- Description of key CT LPCA/LPC-related statutes
- Steps to becoming an LPCA and moving from LPCA to LPC
- Future advocacy opportunities

THE REGULATION OF THE PROFESSION OF COUNSELING IN CT

- Difference between regulation and the law
- The CT Department of Public Health (DPH)
- Statutes governing the practice of counseling in CT

WHAT MAKES A PROFESSIONAL COUNSELOR?

The landscape of mental health in CT

- How are we similar to other mental health professionals in CT?
- How are we different from other mental health professionals in CT?

“Professional counseling” in CT

- Evaluation, assessment, analysis, diagnosis and treatment of emotional, behavioral or interpersonal dysfunction or difficulties that interfere with mental health and human development
- Includes individual, group, marriage and family counseling, functional assessments for adjusting to disability, appraisal and crisis intervention

CT Statute 383c

More on differences and similarities

Marriage & family therapy

Social work

Psychology

How might YOU say we are similar?

How might YOU say we are different?

DEVELOPMENT AND ESTABLISHMENT OF THE LPCA (aka PCA)

LPCA

Scope:

Privilege to practice counseling as specified under the LPC under supervision

Requirements:

Documentation of completion of coursework and fieldwork specified in prior slide

LPC

Scope:

Requirements: Passed NCE or NCMHCE
Acquired 3,000 hours postgraduate supervise experience, not less than two years with minimum 100 hours direct supervision

How do you move from student to LPCA to LPC?

Tasks

- Be sure you are acquiring and documenting adequate supervision
 - Independently licensed
 - 100 hours individual or triadic
- Be sure to successfully pass the exam

Tips

Lenny Adams, LPC

STRENGTHENING THE LICENSE: 2017

Major changes

Requires graduate degree in CMHC

TWO OPTIONS:

1. CACREP-accredited program
2. Alternative program meeting specific requirements

Grandparenting:

- *Matriculated in educational program prior to July 1, 2017*

CACREP-alternative plan

- CACREP core areas:
 - Human growth & development
 - Social and cultural foundations
 - Counseling theories & techniques
 - Group counseling
 - Career counseling
 - Appraisal or tests/measurements
 - Research & evaluation
 - Professional ethics & orientation to CMHC
- CMHC-specific coursework
 - Addiction & substance abuse
 - Trauma and crisis
 - Diagnosis & treatment
- Professional counseling and CMHC-specific fieldwork
 - Practicum:
 - Counseling 100 hours taught by licensed/cert faculty
 - Internship: CMHC 600 hours taught by licensed/cert faculty

OPPORTUNITIES

Recent developments

- LPCA and Medicaid/Husky reimbursement
- Pandemic related mental health concerns
- Child/adolescent mental health initiatives

MEDICARE PROGRESS

HR 432 Mental Health Access
Improvement Act

The Counseling Compact: **OCCUPATIONAL** licensure

- Professional counseling and the Counseling Compact
 - What is the Compact?
 - Will allow counselors to practice without requiring a license in the other Compact state
 - Benefits of the Compact
 - Continuity of care when clients relocate or travel
 - Allow military personnel to continue in their profession while relocating
 - Risks of the Compact
 - Professional counselor identity
 - Training standards tied to patchwork of licenses
 - MPCAC , psychology and other MH disciplines

The LPC is only as strong as the weakest Compact state license

Looking forward

- Parity with other professions
 - Scope of practice
 - Are we referenced in other important statutes?
- Greater recognition in state-funded counseling settings
- True title protection
- Development of a counselor board rather than a DPH
- Others?

Questions?

...Thank you!